

<b>CATALAN CUISINE: A MEDITERRANEAN TREASURE</b>	
<b>CODE COURSE:</b> 6124016-Personal Growth #2B #2 LEAD	<b>COURSE CONTENT:</b> Leadership, and personal growth
	<b>0.5 ECTS</b>
<b>ACTIVITY DESCRIPTION</b>	
3 sessions of self knowledge, leadership and awareness runned by experts of emotional education.	
<b>GOALS</b>	
<ul style="list-style-type: none"> <li>● Identity and group cohesion</li> <li>● Leadership and decisions making</li> <li>● Achievements review and gratitude</li> </ul>	